

# Atelier du samedi **ठायु इहाला** de l'espace Rossini

15/09/2018 Centre ashtanga vinyasa yoga **8h45**

6/10/2018 Pascale Ponchon Sophrologue **9h**

13/10/2018 Centre ashtanga vinyasa yoga **8h45**

10/11/2018 Pascale Ponchon Sophrologue **9h**

24/11/2018 Centre ashtanga vinyasa yoga **8h45**

8/12/2018 Pascale Ponchon Sophrologue **9h**

15/12/2018 Centre ashtanga vinyasa yoga **8h45**

12/01/2019 Centre ashtanga vinyasa yoga **8h45**

19/01/2019 Pascale Ponchon Sophrologue **9h**

02/02/2019 Centre ashtanga vinyasa yoga **8h45**

16/02/2019 Pascale Ponchon Sophrologue **9h**

2/03/2019 Centre ashtanga vinyasa yoga **8h45**

16/03/2019 Pascale Ponchon Sophrologue **9h**

06/04/2019 Centre ashtanga vinyasa yoga **8h45**

20/04/2019 Pascale Ponchon Sophrologue **9h**

11/05/2019 Centre ashtanga vinyasa yoga **8h45**

18/05/2019 Pascale Ponchon Sophrologue **9h**

15/06/2019 Pascale Ponchon Sophrologue **9h**

29/06/2019 Centre ashtanga vinyasa yoga **8h45**

**Inscrivez-vous auprès des professeurs**